



## **APPLETON CE (A) PRIMARY SCHOOL**

### **Asthma Policy**

#### **Introduction**

This Policy has been written with advice from the DFE, Asthma UK, Oxfordshire County Council and the school health service.

Appleton CE recognises that asthma is a widespread, serious but controllable condition affecting many pupils.

We ensure all staff understand their duty of care to children and young people in the event of an emergency. School staff receive asthma awareness training. Appleton CE has clear guidance on the administration and storage of medicines at school.

#### **Asthma medicines**

- Immediate access to reliever medicines is essential. Pupils with asthma are encouraged to carry their reliever inhaler as soon as the parent/carer, doctor or asthma nurse and class teacher agree they are mature enough. The reliever inhalers of younger children are kept in the classroom in the medical cabinet.
- All inhalers must be labelled with the child's name by the parent/carer and be in date with prescription label in place on canister.
- Parents are responsible for ensuring that the appropriate in date medication is in school at all times.
- School staff are not required to administer asthma medicines to pupils (except in an emergency) however many of the staff at this school are happy to do this. School staff who agree to administer medicines are insured by Oxfordshire County Council when acting in agreement with this policy. All school staff will let pupils take their own medicines when they need to.

#### **Record Keeping**

- When a child joins the school, parents/carers are asked if their child has any medical conditions on their enrolment form.
- All parents/carers of children with asthma are consequently asked to complete an Asthma Awareness Form which are returned to school as a record.
- Children with Asthma are highlighted on the Medical Register and class teachers are made aware of these children.
- We update our Medical Register on a yearly basis.

### **Exercise and activity - PE and games**

- Taking part in sports, games and activities is an essential part of school life for all pupils. All teachers know which children in their class have asthma and all PE teachers at the school are aware which pupils have asthma from the Medical Register.
- Pupils with asthma are encouraged to participate fully in all PE lessons. PE teachers will remind pupils whose asthma is triggered by exercise to take their reliever inhaler before the lesson, and to thoroughly warm up before each lesson and cool down after each lesson. If a pupil needs to use their inhaler during a lesson they will be encouraged to do so.
- Classroom teachers follow the same principles as described above for games and activities involving physical activity.
- After School Club Staff and Staff running clubs are made aware of children who suffer from asthma and receive training about the potential triggers for an attack, how to minimise these and what to do in the event of an attack.

### **School Trips and Outdoor Activities**

- Asthmatic medication should always accompany the child on any school trip including swimming lessons and Forest School Sessions. Wherever possible the pupil should be responsible for their own medication otherwise the Class Teacher, Teacher Assistant or session provider will take responsibility for it.

### **School environment**

- Appleton school does all that it can to ensure the school environment is favourable to pupils with asthma. The school does not keep furry or feathery animals and has a definitive no-smoking policy. As far as possible the school does not use chemicals in science and art lessons that are potential triggers for pupil with asthma. Pupils with asthma are encouraged to leave the room and go and sit outside the school office if particular fumes trigger their asthma.

February 2016



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**ASTHMA AWARENESS FORM**

(Please sign and delete as appropriate)

**Child's Name:** ..... **Date of Birth** .....

1. I can confirm that my child has been diagnosed with asthma and has been prescribed an inhaler.
2. My child has a working, in-date inhaler, clearly labelled with their name, which they will bring with them to school every day.
3. My child no longer has a diagnosis of asthma and does not need to have an inhaler in school.

Signed ..... Please print name.....

Parent's/carer's address and contact details:

.....  
.....  
.....

Telephone.....

E-mail.....